other drugs.

Ketamine is fast acting. The overt hallucinatory effects of ketamine are relatively short acting, lasting approximately one hour or less. However, the user's senses, judgment, and coordination may be affected for up to 24 hours after the initial use of the drug. Some of the adverse effects are:

- Dizziness
- Depression
- Amnesia
- Confusion
- Disorientation
- Hallucinations
- Agitation
- Impaired motor skills
- High blood pressure
- Potentially fatal respiratory failure

## **Ways to Protect Yourself**

- Never leave beverages unattended while talking, dancing, using the restroom, or making a phone call.
- Never drink beverages you did not open yourself.
- Never take any beverages from someone you do not know well.
- Do not drink from a container that is being passed around.
- Never share or exchange drinks with anyone.
- Accept drinks only from the bartender or staff when at a club or bar.
- Always be alert to behaviors of friends. Any acting unusual or seeming disproportionately intoxicated may have been drugged.
- Anyone who suspects that they have ingested a tampered drink should be taken to the hospital immediately or call 911.
- Do not drink anything that has an unusual taste or appearance (e.g., salty taste, excessive foam, unexplained residue).

## Sexual Assault and Substance Abuse

Stevensville Police Department 102 Main St. Ste D Stevensville, Mt 59870



## **How Drugs and Alcohol Play a Role**

When under the influence of drugs and/or alcohol your thinking can get distorted. Therefore, you can miss important signals such as voice or behavioral changes. Also, you are less likely to avoid or talk your way out of conflict.

Communication is very important. Individuals who consume alcohol and/or drugs are more likely unable to communicate what they "want" or "do not want" out of a sexual relationship. Being under the influence of alcohol and/or drugs increases the odds that saying "maybe" or "no" to sexual activity can be misinterpreted.

Some perpetrators may even push others to drink so the victim will be less likely to resist physical or emotional pressure to engage in sexual activity.

Regardless of how much an individual drinks, there is no justification in forcing sex if the other party resists, says "NO", or is under the influence of alcohol and or drugs.

## Rohypnol, GHB, Ecstasy, Ketamine

Rohypnol, GHB, Ecstasy, and Ketamine are known as "Club Drugs". These drugs can be used in sexual assault crimes.

Rohypnol is a very potent tranquilizer a.k.a. "Roofies", "Roche", "R-2", "Rib", and "Rope". It produces a sedative effect, amnesia, muscle relaxation, and a slowing of psychomotor responses. It is commonly used in rape and is usually slipped into the victims drink while they are not looking. The victim will blackout and not have any recollection of the events that occurred. Side effects commonly begin 20-30 minutes after taking the drug and peak within two hours, lasting up to 8 hours. They can look like:

- Loss of Memory
- Tiredness
- Vision Problems
- Nervousness
   Dizziness/Confusion
- Black-outs
- Aggressive Behavior
- Disorientation
- Nausea
- Fearlessness
- Disinhibition
- Muscle Relaxation

GHB (Gamma-Hydroxybutyerate) is an anesthetic a.k.a. "G", "Liquid X", "Liquid E", "Scoop", "Soap", "Gook", "Georgia Home Boy", "Gamma 10" or "Easy Lay". It is usually tasteless, but may be recognized by a salty taste. It appears to be less commonly used in rape cases, but this may

be due to the fact that it is harder to detect in the victim.

The Federal Drug Administration issued a warning in 1990 to consumers to stop using GHB because of its numerous deleterious effects. Side effects occur within 5 to 15 minutes of ingestion and last 2 to 3 hours. Effects are unpredictable varying on dose. They can look like:

- Vomiting
- Diarrhea
- Giddiness, silliness
- Dizziness
- Sleepwalking
- Temporary amnesia
- Intense drowsiness
- Seizure
- Interference with mobility and coherence •Decreased heart rate
- Slower, deep respiration
- Coma
- Death

Ketamine is a dissociative general anesthetic with hypnotic, stimulant, and hallucinogenic properties. a.k.a "K", "Special K", "Vitamin K", "Blackhole", "Bump", "Jet", "Kit-Kat", and "Purple". Because of its dissociative effects, a person may feel detached from their own body and their surroundings, a state sometimes referred to as "conscious sedation." One may be aware of what is happening to them, but unable to move. Victims lose consciousness abruptly. It is especially dangerous when it is mixed with alcohol and